

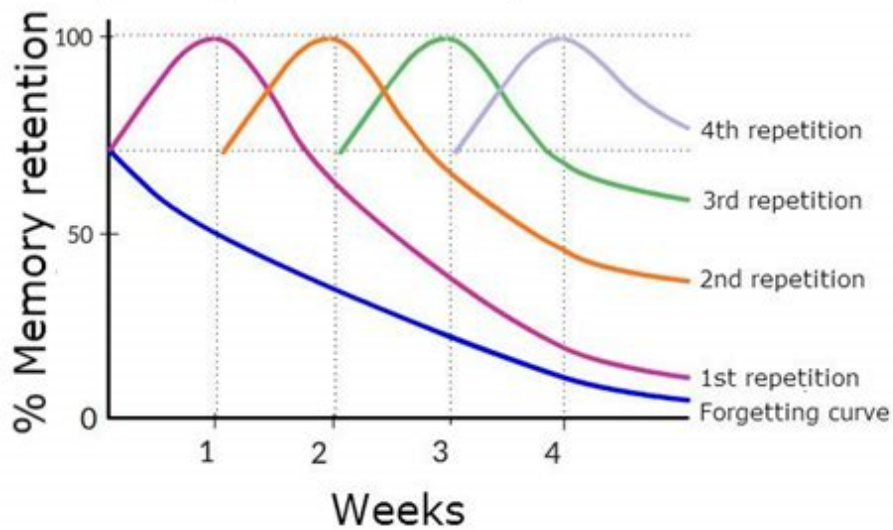


**RAINHILL  
HIGH SCHOOL**

**INFORMATION FOR  
PARENTS**

## HELPING YOUR CHILD AT HOME MEMORY - MAKING IT STICK

Forgetting curve for newly learned information

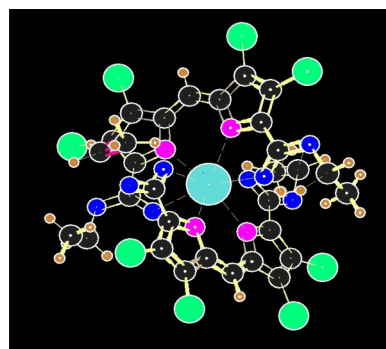


## THINKING HARD

Unless you are doing something with all of that information, you are not going to remember it.



## SO WHAT CAN I DO AT HOME?



## HELPING YOUR CHILD AT HOME MEMORY - MAKING IT STICK

So they have spent two hours reading about causes of the First World War...

UPLOAD

PROCESS

DOWNLOAD

Who was assassinated in Sarajevo?

Why did this event lead to War?

Which countries made up the Triple Alliance?

Which countries made up the Triple Entente?

Why was it called 'The Great War'?

**PIXL**  
MY REVISION  
JOTTER

Subject:

Unit:

Topic:



Keywords & concepts


Notes / mindmap / brainstorm / question attempt / working out:

The big picture: sample exam questions

Key words in the question

How will I remember this?

I MUST NOT FORGET

WHAT NEXT?

My confidence rating



Based on an original idea by Chris Stump and Hayley Follett at JCoSS (Jewish Community Secondary School)

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## READING LISTS

This booklet recommends many great books that you might enjoy reading. The books are divided by genre to help you find something you might be interested in. If you find anything else noteworthy then please recommend it to your friends and teachers so that it can be added to our future lists.

*"Read in order to live"* - **Gustave Flaubert**

*"There is no friend as loyal as a Book"* - **Ernest Hemingway**

*"To learn to read is to light a fire; every syllable that is spelled out is a spark"* - **Victor Hugo**

### Modern Fiction

Douglas Adams- The Hitchhikers Guide to the Galaxy  
Monica Ali- Brick Lane  
Margaret Atwood- The Handmaids Tale  
J.G Ballard- Empire of the sun  
Ian Banks- The Wasp Factory  
Louis de Berniers- Captain Corelli's Mandolin  
Kevin Brooks- Martyr Pig  
J.M Coetzee- Disgrace  
Sebastian Faulkes- Birdsong  
Michael Frain- Spies  
Alex Garland- The Beach  
Barry Hines- Kes  
Nick Hornby- About A Boy, Fever Pitch  
Khaled Hosseini- A Thousand Splendid Sins, The Kite Runner  
Susan Hill- The Woman in Black  
Kazuo Ishiguro- Never Let Me GO; Remains of the Day  
Stephen King- The Shinning, The Stand  
Yann Martel- Life of Pi  
Cormac McCarthy- The Road; No Country for Old Men  
Ian McEwen- Atonement  
Toni Morrison- Beloved  
Haruki Murakami- Norwegian Wood  
Audrey Niffenegger- The Time Traveller's Wife  
Chuck Palahniuk- Fight Club  
Alan Patton- Cry the Beloved Country  
Bali Rai- Rani and Sukh  
Arundhati Roy- The God of Small Things  
Alice Sebold- Lovely Bones  
Zadie Smith- White Teeth  
Kathryn Stockett- The Help  
Meera Syal- Anita and Me  
Marcus Zusak- The Book Thief

### 20th Century Classic Fiction

Chinua Achebe- Things Fall Apart  
Maya Angelou- I Know Why the Caged Bird Sings  
Truman Capote- Breakfast at Tiffany's  
Paulo Coelho- The Alchemist  
J.M Coetzee- Disgrace  
Joseph Conrad- Heart of Darkness  
F. Scott Fitzgerald- The Great Gatsby  
Ian Fleming- Casino Royale  
E.M Forster- Howards End  
William Golding- Lord of the Flies  
Graham Greene- Brighton Rock  
Barry Hines- Kes  
Joseph Heller- Catch 22  
Ernest Hemingway- A Farewell to Arms; The Old Man and the Sea  
Stephen King- The Shinning, The Stand  
Harper Lee- To Kill a Mockingbird, go set a Watchman  
Ian McEwen- Atonement  
George Orwell- Animal Farm, 1984  
Alan Patton- Cry the Beloved Country  
Sylvia Plath- The Bell Jar  
Erich Maria Remarque- All Quiet on the Western Front  
J.D Salinger- The Catcher in the Rye  
John Steinbeck- Of Mice and Men, The Grapes of Wrath  
Alice Walker- The Colour Purple

### Pre-20th Century Classics

Jane Austen- Emma, Pride and Prejudice, Sense and Sensibility  
Charlotte Bronte- Jane Eyre  
Emily Bronte- Wuthering Heights  
Lewis Carroll- Alice in Wonderland  
Willkie Collins- The Moonstone, The Women in White  
Arthur Conan Doyle- The Hound of Baskervilles, The Sign of the Four  
Daniel Defoe- Robinson Crusoe  
Charles Dickens- A Christmas Carol, A Tale of Two Cities; Great Expectation; Oliver Twist; David Copperfield  
Elizabeth Gaskell- North and South  
Thomas Hardy- Far from the Madding Crowd, Tess of the D'Urbervilles, The Withered Arm and Other Wessex Tales  
Ernest Hemingway- The Old Man and the Sea  
Edgar Allan Poe- Selected Short Stories  
Robert Louis Stevenson- Dr Jekyll and Mr Hyde, Treasure Island  
Jonathan Swift- Gulliver's Travels  
Oscar Wilde- The Picture of Dorian Grey



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**Crime& Mystery**

John La Carre- Tinker, Taylor, Soldier, Spy  
 Raymond Chandler- The Big Sleep  
 Agatha Christie- The Body in the Library  
 Willkie Collins- The Moonstone, The Woman in White  
 Arthur Conan Doyle- Adventure of Sherlock Holmes, The Hound of the Baskervilles, The Sign of the Four  
 Graham Green- Brighton Rock  
 John Grisham- The Client, The Firm  
 Mark Haddon- The Curious Incident of the Dog in the Night-time  
 Guy de Maupassant- Short Stories  
 Daphne Du Maurier- Rebecca, Jamaica Inn  
 Robert Louis Stevenson- The Strange Case of Dr Jekyll and Mr Hyde

**Dystopian**

JD Crockett- After the Snow  
 Aldous Huxley- Brave New World  
 Veronica Roth- Divergent (series)  
 Ray Bradbury- Fahrenheit 451  
 Michael Grant- Gone (series)  
 William Golding- Lord of the Flies  
 Sally Gardner- Maggot Moon  
 Ally Condie- Matched (series)  
 Kazuo Ishiguro- Never Let Me Go  
 Malorie Blackman- Noughts and Crosses  
 Kurt Vonnegut- Slaughter-Five  
 Karen W Thompson- The Age of Miracles  
 P.D. James The Children of Men  
 Gemma Malley- The Declaration (series)  
 Phillip K Dick- The Man in the High Castle  
 Cormac McCarthy- The Road  
 Scott Westerfield- Uglies (series)  
 Hugh Howey- Wool (series)  
 George Orwell- 1984

**Fantasy**

Lewis Carrol- Alice in Wonderland  
 Cassandra Clare- Mortal Instruments (series)  
 Sally Gardner- Maggot Moon  
 Patrick Ness- A Monster Calls (Series)  
 Patrick Ness- The Knife of Never Letting Go  
 Christopher Paolini- Eragon (series)  
 Terry Pratchett- Northern Lights (series)  
 Rick Riordan- Percy Jackson (series)  
 J.K Rowling- Harry Potter (series)  
 JRR Tolkien- The Hobbit, The Lord of the Rings (series)

**Science fiction**

Isaac Asimov- I, Robot  
 Douglas Adams- The Hitchhikers Guide to the Galaxy  
 Jack Finney- Invasion of the Body Snatchers  
 Jules Verne- Journey to the Centre of the Earth  
 H.G Welles- The Time Machine  
 The War of the Worlds

**Gothic Horror & Suspense**

Susan Hill- The Woman in Black  
 Henry James- The Turn of the Screw  
 Stephen King- The Shinning, IT  
 Stephanie Meyer, Twilight (series)  
 Edgar Allen Poe- Selected Short Stories  
 Carrie Ryan- Forrest of Hands and Teeth (series)  
 Mart Shelley- Frankenstein  
 Bram Stoker- Dracula  
 John Wyndham- Day of the Triffids

**Historical/Other Cultures**

Chinua Achebe- Thing Fall Apart  
 Maya Angelou- I Know Why the Caged Bird Sings  
 Tracey Chevalier- The Girl with the Pearl Earring  
 Joseph Conrad- Heart of Darkness  
 Siobhan Dowd- Bog Child  
 Philippa Gregory- The Other Boleyn Girl  
 Tanya Landman- I am Apache  
 Hilary Mantel- Wolf Hall  
 Alexander McCall Smith- The Number One Ladies Detective Agency  
 Alan Paton- Cry, the Beloved Country  
 Doris Pilkington- Rabbit Proof Fence  
 Phillip Pullman- The Ruby in the Smoke  
 Bali Rai- Rani and Sukh, (Un)arranged Marriage  
 John Steinbeck- Of Mice and Men, The Grapes of Wrath

**War**

J.G Ballard- Empire of the Sun  
 Pat Barker- Regeneration Trilogy (Regeneration, Eye in the Door, The Ghost Road)  
 Louis de Berniers- Captain Corelli's Mandolin  
 Sebastian Faulks- Birdsong, Charlotte Grey  
 Anne Frank- The Diary of a Young Girl  
 Michael Frayn- Spies  
 Robert Graves- Goodbye to all That  
 Robert Harris- Enigma  
 Joseph Heller- Catch 22  
 Anna Perera- Guantanamo Boy  
 Erich Maria Remarque- All Quite on the Western Front  
 Leo Tolstoy- War and Peace

**Non- Fiction**

Maya Angelou- I Know Why the Caged Bird Sings  
 Bill Bryson- Notes from a Small Island  
 Juan Chang- Wild Swans  
 Roddy Doyle- Paddy Clarke Ha Ha Ha  
 Anne Frank- The Diary of a Young Girl  
 Ernest Hemmingway- A Farwell to Arms  
 Nelson Mandela- A Long Walk to Freedom  
 Frank McCourt- Angela's Ashes  
 Dave Pelzer- A Child Called It  
 Joe Simpson- Touching the Void  
 Adeline Yen Mah- Chinese Cinderella

## USEFUL WEBSITES

CATEGORY	WEBSITE	LINK
E-SAFETY	Think U Know	<a href="https://www.thinkuknow.co.uk/">https://www.thinkuknow.co.uk/</a>
E-SAFETY	Internet Matters	<a href="https://www.internetmatters.org/">https://www.internetmatters.org/</a>
E-SAFETY	NSPCC	<a href="https://www.nspcc.org.uk">https://www.nspcc.org.uk</a>
E-SAFETY	Parent Info	<a href="https://parentinfo.org">https://parentinfo.org</a>
E-SAFETY	Parent Zone	<a href="https://parentzone.org.uk/parents">https://parentzone.org.uk/parents</a>
E-SAFETY	BBC Own It	<a href="https://www.bbc.com/ownit">https://www.bbc.com/ownit</a>
DRUGS & ALCOHOL	Talk to Frank	<a href="https://www.talktofrank.com">https://www.talktofrank.com</a>
DRUGS & ALCOHOL	Young Minds	<a href="https://youngminds.org.uk/find-help/for-parents">https://youngminds.org.uk/find-help/for-parents</a>
DRUGS & ALCOHOL	Family Lives	<a href="https://www.familylives.org.uk/advice/teenagers/drugs-alcohol/">https://www.familylives.org.uk/advice/teenagers/drugs-alcohol/</a>
DRUGS & ALCOHOL	Kids Health	<a href="https://kidshealth.org/en/parents/drugs-information.html">https://kidshealth.org/en/parents/drugs-information.html</a>
DRUGS & ALCOHOL	NHS	<a href="https://www.nhs.uk/live-well/healthy-body/talking-about-drugs-with-your-child/">https://www.nhs.uk/live-well/healthy-body/talking-about-drugs-with-your-child/</a>
KNIFE CRIME	Parent Info	<a href="https://parentinfo.org/article/if-your-child-is-in-a-gang">https://parentinfo.org/article/if-your-child-is-in-a-gang</a>
KNIFE CRIME	Knife Crimes	<a href="http://www.knifecrimes.org/000904_KNIFE_A5_LEAFLET.pdf">http://www.knifecrimes.org/000904_KNIFE_A5_LEAFLET.pdf</a>
KNIFE CRIME	Childline	<a href="https://www.childline.org.uk/info-advice/bullying-abuse-safety/crime-law/gun-knife-crime/">https://www.childline.org.uk/info-advice/bullying-abuse-safety/crime-law/gun-knife-crime/</a>
CSE	Know About CSE	<a href="http://knowaboutcse.co.uk/parents/https://safeandsoundgroup.org.uk/help-support/parents-carers/parent-support-pack/">http://knowaboutcse.co.uk/parents/https://safeandsoundgroup.org.uk/help-support/parents-carers/parent-support-pack/</a>
CSE	Barnardos	<a href="http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/about-cse/cse-spot-the-signs.htm">http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/about-cse/cse-spot-the-signs.htm</a>
SEXUAL HEALTH	Talk With Your Kids	<a href="https://www.talkwithyourkids.org/resources-parents/resources-parents.html">https://www.talkwithyourkids.org/resources-parents/resources-parents.html</a>
SEXUAL HEALTH	Healthy Schools	<a href="https://www.cornwallhealthyschools.org/sre/sre-resources/resources-for-parents-and-carers/">https://www.cornwallhealthyschools.org/sre/sre-resources/resources-for-parents-and-carers/</a>
MENTAL HEALTH	Mental Health	<a href="https://www.mentalhealth.org.uk/a-to-z/p/parents-and-mental-health">https://www.mentalhealth.org.uk/a-to-z/p/parents-and-mental-health</a>
MENTAL HEALTH	Young Minds	<a href="https://youngminds.org.uk/find-help/for-parents/">https://youngminds.org.uk/find-help/for-parents/</a>
MENTAL HEALTH	NSPCC	<a href="https://www.nspcc.org.uk/preventing-abuse/child-protection-system/parental-mental-health/">https://www.nspcc.org.uk/preventing-abuse/child-protection-system/parental-mental-health/</a>

## ENRICHMENT TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BEFORE SCHOOL</b>	<b>HIGHER CHEMISTRY</b> Year 11 - 8am Dr Beswick - S16				
<b>LUNCH</b>	<p><b>CHOIR</b> Mrs Speers - D106</p> <p><b>CITIZENSHIP HOMEWORK SUPPORT</b> Year 7 Mrs Whitehead - C109</p> <p><b>COMPUTING CLUB HOMEWORK DROP-IN/ REVISION SESSIONS</b> (Computing specific homework/revision) Year 7 Mr Cowley - A206</p> <p><b>COMPUTING LASER/ CATCHUP/INTERVENTION SESSIONS</b> - Year 11 Mr Capewell - A204</p>	<p><b>Y7 DANCE</b> (Sixth Form) - D109</p> <p><b>Y8 DANCE CLUB</b> (Sixth Form) - D108</p> <p><b>CITIZENSHIP HOMEWORK SUPPORT</b> - Year 7 Mrs Whitehead - C109</p> <p><b>TABLE TENNIS</b> - Y7/Y8 Mr Wood/ Mr Sheridan/Mr Rachi - Gym</p> <p><b>BADMINTON</b> - Y9/Y10 Ms Burgess/Miss Morgan/ Miss Hunter - Sports Hall</p> <p><b>COMPUTING CLUB/ HOMEWORK DROP-IN/ REVISION SESSIONS</b> (Computing specific homework/revision) Year 8 Mr Cowley - (A206)</p> <p><b>MATHS CLUB</b> - Year 7 Maths Teachers and Trainees - B103</p> <p><b>CATERING</b> - Year 11 Mrs Bolland/Miss Brooks C105 &amp; C107</p>	<p><b>Y8 DANCE CLUB</b> (Sixth Form) - D109</p> <p><b>LGBT SUPPORT GROUP</b> All year groups Mrs Whitehead - C109</p> <p><b>CITIZENSHIP HOMEWORK SUPPORT</b> - Year 7 Mrs Whitehead - C109</p> <p><b>BOARD GAME CLUB</b> (ENGLISH) All year groups All English teachers - A110</p> <p><b>ROBOTICS CHALLENGE TEAM</b> Mr Cowley - (A206)</p> <p><b>HOMEWORK DROP IN/REVISION SESSIONS</b> (Computing specific homework/revision) - Year 9 Mr Cowley - (A206)</p> <p><b>GRADE 9 MATHS CLUB</b> Year 11 Mr Rimmer - B103</p> <p><b>CATERING</b> - Year 11 Mrs Bolland/Miss Brooks C105 &amp; C107</p>	<p><b>ARTS ACADEMY LEADERS DANCE COMPANY</b> A Lalley - D109</p> <p><b>BADMINTON</b> - Y7 &amp; Y8 Ms Burgess/Miss Morgan- Miss Hunter - Sports Hall</p> <p><b>TABLE TENNIS</b> - Y9/Y10 Mr Wood/ Mr Sheridan/Mr Rachi - Gym</p> <p><b>GEOGRAPHY CLUB</b> Year 7 &amp; Year 8 12:30-1pm Miss McSporran - A205</p> <p><b>HOMEWORK DROP-IN/ REVISION SESSIONS</b> (Computing specific homework/revision) Year 10 - 13 Mr Cowley A206</p> <p><b>CATERING</b> Year 11 Mrs Bolland/Miss Brooks C105 &amp; C107</p> <p><b>COMPUTING LASER/ CATCHUP/INTERVENTION SESSIONS</b> - Year 10 Mr Capewell - A204</p>	<p><b>BAND PRACTICE</b> All year groups Mr Simpson &amp; Mr Cheetham - Practice room</p> <p><b>HOMEWORK DROP-IN/ REVISION SESSIONS</b> (Computing specific homework / revision) -Year 10 - Y13 Mr Cowley - A206</p> <p><b>CATERING</b> -Year 11 Mrs Bolland/Miss Brooks C105 &amp; C107</p> <p><b>COMPUTING LASER/ CATCHUP/INTERVENTION SESSIONS</b> -Year 9 Mr Capewell - A204</p>
<b>AFTER SCHOOL</b>	<p><b>ARTS ACADEMY LEADERS DANCE COMPANY</b> D Evans - D109</p> <p><b>CITIZENSHIP HOMEWORK SUPPORT</b> - Year 7 3:10-3:40pm Mrs Whitehead C109</p> <p><b>HOMEWORK CLUB</b> All year groups 3:10-4pm Miss Pilkington A104</p> <p><b>LANGUAGE DECODERS (LINGUISTIC OLYMPIAD)</b> All year groups 3:10-3:45pm - D103</p> <p><b>BOYS FOOTBALL TRAINING</b> - Y7 &amp; Y8 Mr Rachi/Mr Wood 3:10-4:15 - Astro Turf</p>	<p><b>YOUTH DANCE COMPANY</b> Y8-Y10 Miss Donovan - D108</p> <p><b>SENIOR DANCE COMPANY</b> Y11 &amp; Sixth Form Mrs Haselden/Mrs Aylward D109</p> <p><b>SCRIPT WRITING CLUB</b> Year 7 &amp; Year 8 Mr Irwin - D106</p> <p><b>DRAMA COMPANY</b> - Y7-Y13 Mrs Speers/Mrs Renison D107</p> <p><b>CITIZENSHIP HOMEWORK SUPPORT</b> - Year 7 3:10-3:40pm Mrs Whitehead - C109</p> <p><b>HOMEWORK CLUB</b> All year groups 3:10-4pm Miss Pilkington - A104</p> <p><b>BOYS RUGBY</b> Y7 &amp; Y8 3:10-4:15PM Mr Rachi/Mr Sheridan - Field</p> <p><b>GIRLS NETBALL</b> Y7 &amp; Y9 3:10-4:15 Miss Hunter/Miss Morgan/ Ms Burgess - Sports Hall</p> <p><b>CATERING</b> - Year 11 3:10-4:10pm Mrs Bolland/Miss Brooks C105 &amp; C107</p>	<p><b>DLS DANCE</b> Mrs Haselden - D109</p> <p><b>DRAMA COMPANY</b> - Y7-13 Mrs Speers/Mrs Renison D107</p> <p><b>CITIZENSHIP HOMEWORK SUPPORT</b> - Year 7 3:10-3:40pm Mrs Whitehead - C109</p> <p><b>HOMEWORK CLUB</b> All year groups -3:10-4pm Miss Pilkington - A104</p> <p><b>BOYS FOOTBALL</b> - Sixth Form 2:10-4:10pm Mr Rachi - Field</p> <p><b>BOYS RUGBY</b> - Y9 &amp; Y10 3:10-4:20pm Mr Wood/Mr Sheridan - Field</p> <p><b>GIRLS NETBALL</b> - Y8/ Y10/Y11 3:10-4:15pm Ms Burgess/Miss Hunter/ Miss Morgan - Sports Hall</p> <p><b>COMPUTING CLUB</b> - Year 9 Mr Cowley -A206</p> <p><b>CATERING</b> - Year 11 3:10-4:10pm Mrs Bolland/Miss Brooks C105 &amp; C107</p> <p><b>KS3 STEM CLUB</b> Y7 &amp; Y8 (invite only) 3:10pm Mr Blackburn - B201</p>	<p><b>YOUTH DANCE COMPANY</b> Y8-Y10 Miss Power - D108</p> <p><b>SENIOR DANCE COMPANY</b> Y11 &amp; Sixth Form Mrs Haselden/Mrs Aylward D109</p> <p><b>FILM CLUB</b> - Y7 &amp; Y8 Miss Ericson/Ms Lamb - Library</p> <p><b>HOMEWORK CLUB</b> All year groups - 3:10-4pm Miss Pilkington - A104</p> <p><b>BOYS TRAMPOLINING</b> Y7/Y8/Y9/Y10 Ms Burgess/Miss Hunter/Mr Sheridan 3:10-4:45 - Gym</p> <p><b>BOYS RECCIE FOOTBALL</b> Y7 &amp; Y8 -3:10-4:15 Mr Rachi - Astro Turf</p> <p><b>GIRLS TRAMPOLINING</b> Y7/Y8/Y9/Y10 - 3:10-4:45pm Ms Burgess/Miss Hunter Gym</p> <p><b>GIRLS FOOTBALL</b> Y7/Y8/Y9/Y10 - 3:10-4:15pm Miss Morgan - Astro Turf</p> <p><b>ART</b> - 3:20-6pm</p> <p><b>CATERING</b> - Year 11 3:10-4:10pm Mrs Bolland/Miss Brooks C105 &amp; C107</p> <p><b>DT FASHION</b> - 3:10-4:30pm</p>	<p><b>ARTS ACADEMY LEADERS DANCE COMPANY</b> (J. Owen Harris) - D109</p> <p><b>GIRLS RUGBY</b> - Y7/8/9/10 3:10-4:15pm Ms Burgess/Miss Morgan/ Miss Hunter/Mr Sheridan</p> <p><b>CATERING</b> -Year 11 3:10-4:10pm Mrs Bolland/Miss Brooks C105 &amp; C107</p>

This timetable is also available on the school website [www.rainhillhighschool.org.uk](http://www.rainhillhighschool.org.uk)



# Essential Vocabulary for Year 8

TERM 1	TERM 2	TERM 3
accurate	distinct	notion
adequate	establish	positive
adjacent	evident	potential
albeit	exceed	precise
ambiguous	expand	principal
aspect	factor	professional
assess	fundamental	promote
attitude	gender	resolve
brief	illustrate	reveal
cease	impact	revise
challenge	individual	scope
component	inevitable	strategy
construct	inherent	sufficient
contemporary	integrate	technical
context	investigate	temporary
credit	justify	vary
data	maintain	visual
decade	manipulate	volume
define	minimal	widespread