

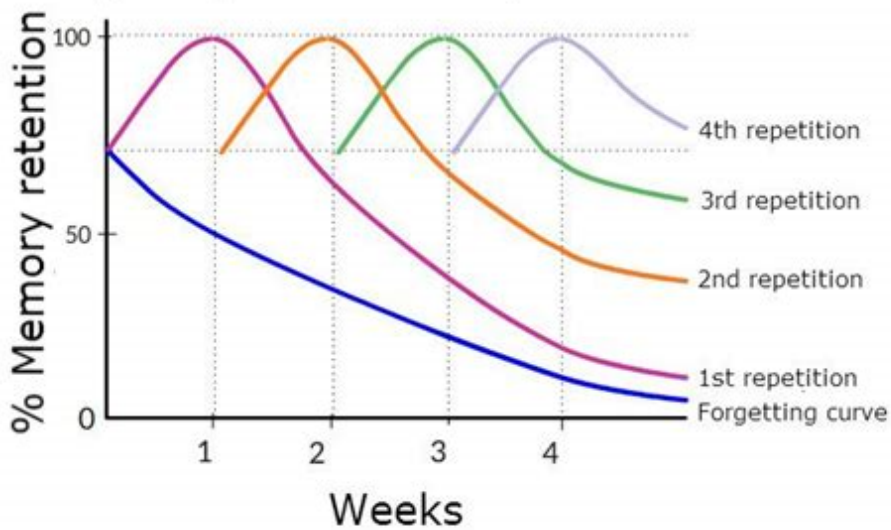


**RAINHILL
HIGH SCHOOL**

**INFORMATION FOR
PARENTS**

HELPING YOUR CHILD AT HOME MEMORY - MAKING IT STICK

Forgetting curve for newly learned information

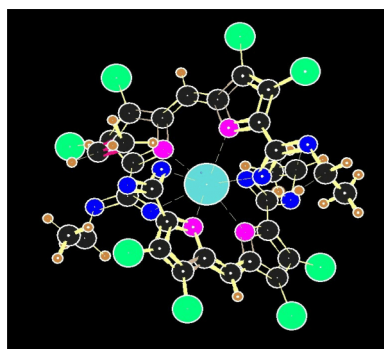


THINKING HARD

Unless you are doing something with all of that information, you are not going to remember it.



SO WHAT CAN I DO AT HOME?



HELPING YOUR CHILD AT HOME MEMORY - MAKING IT STICK

So they have spent two hours reading about Australia; climate, weather, geography

UPLOAD

PROCESS

DOWNLOAD

How does the climate vary in Australia?

Why does Australia have different climates?

What is a climate graph? Where are they useful?

Does Australia have a problem with population?

What is significant about The Great Barrier Reef?

PIXL
MY REVISION
JOTTER

Subject:
Unit:
Topic:

What do I need to know?

Keywords & concepts

Notes / mindmap / brainstorm / question attempt / working out:

The big picture: sample exam questions

Key words in the question

How will I remember this?

I MUST NOT FORGET

WHAT NEXT?

My confidence rating

0 1 2 3 4 5 6 7 8 9 10

Based on an original idea by Chris Stump and Hayley Follett at JCoSS (Jewish Community Secondary School)

READING LISTS

This booklet recommends many great books that you might enjoy reading. The books are divided by genre to help you find something you might be interested in. If you find anything else noteworthy then please recommend it to your friends and teachers so that it can be added to our future lists.

"Read in order to live" - **Gustave Flaubert**

"There is no friend as loyal as a Book" - **Ernest Hemingway**

"To learn to read is to light a fire; every syllable that is spelled out is a spark" - **Victor Hugo**

Modern Fiction

Douglas Adams- The Hitchhikers Guide to the Galaxy
Monica Ali- Brick Lane
Margaret Atwood- The Handmaids Tale
J.G Ballard- Empire of the sun
Ian Banks- The Wasp Factory
Louis de Berniers- Captain Corelli's Mandolin
Kevin Brooks- Martyr Pig
J.M Coetzee- Disgrace
Sebastian Faulkes- Birdsong
Michael Frain- Spies
Alex Garland- The Beach
Barry Hines- Kes
Nick Hornby- About A Boy, Fever Pitch
Khaled Hosseini- A Thousand Splendid Sins, The Kite Runner
Susan Hill- The Woman in Black
Kazuo Ishiguro- Never Let Me GO; Remains of the Day
Stephen King- The Shinning, The Stand
Yann Martel- Life of Pi
Cormac McCarthy- The Road; No Country for Old Men
Ian McEwan- Atonement
Toni Morrison- Beloved
Haruki Murakami- Norwegian Wood
Audrey Niffenegger- The Time Traveller's Wife
Chuck Palahniuk- Fight Club
Alan Patton- Cry the Beloved Country
Bali Rai- Rani and Sukh
Arundhati Roy- The God of Small Things
Alice Sebold- Lovely Bones
Zadie Smith- White Teeth
Kathryn Stockett- The Help
Meera Syal- Anita and Me
Marcus Zusak- The Book Thief

20th Century Classic Fiction

Chinua Achebe- Things Fall Apart
Maya Angelou- I Know Why the Caged Bird Sings
Truman Capote- Breakfast at Tiffany's
Paulo Coelho- The Alchemist
J.M Coetzee- Disgrace
Joseph Conrad- Heart of Darkness
F. Scott Fitzgerald- The Great Gatsby
Ian Fleming- Casino Royale
E.M Forster- Howards End
William Golding- Lord of the Flies
Graham Greene- Brighton Rock
Barry Hines- Kes
Joseph Heller- Catch 22
Ernest Hemingway- A Farewell to Arms; The Old Man and the Sea
Stephen King- The Shinning, The Stand
Harper Lee- To Kill a Mockingbird, go set a Watchman
Ian McEwan- Atonement
George Orwell- Animal Farm, 1984
Alan Patton- Cry the Beloved Country
Sylvia Plath- The Bell Jar
Erich Maria Remarque- All Quiet on the Western Front
J.D Salinger- The Catcher in the Rye
John Steinbeck- Of Mice and Men, The Grapes of Wrath
Alice Walker- The Colour Purple

Pre-20th Century Classics

Jane Austen- Emma, Pride and Prejudice, Sense and Sensibility
Charlotte Bronte- Jane Eyre
Emily Bronte- Wuthering Heights
Lewis Carroll- Alice in Wonderland
Willkie Collins- The Moonstone, The Women in White
Arthur Conan Doyle- The Hound of Baskervilles, The Sign of the Four
Daniel Defoe- Robinson Crusoe
Charles Dickens- A Christmas Carol, A Tale of Two Cities; Great Expectation; Oliver Twist; David Copperfield
Elizabeth Gaskell- North and South
Thomas Hardy- Far from the Madding Crowd, Tess of the D'Urbervilles, The Withered Arm and Other Wessex Tales
Ernest Hemingway- The Old Man and the Sea
Edgar Allan Poe- Selected Short Stories
Robert Louis Stevenson- Dr Jekyll and Mr Hyde, Treasure Island
Jonathan Swift- Gulliver's Travels
Oscar Wilde- The Picture of Dorian Grey



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Crime& Mystery

John La Carre- Tinker, Taylor, Soldier, Spy
 Raymond Chandler- The Big Sleep
 Agatha Christie- The Body in the Library
 Willkie Collins- The Moonstone, The Woman in White
 Arthur Conan Doyle- Adventure of Sherlock Holmes, The Hound of the Baskervilles, The Sign of the Four
 Graham Green- Brighton Rock
 John Grisham- The Client, The Firm
 Mark Haddon- The Curious Incident of the Dog in the Night-time
 Guy de Maupassant- Short Stories
 Daphne Du Maurier- Rebecca, Jamaica Inn
 Robert Louis Stevenson- The Strange Case of Dr Jekyll and Mr Hyde

Dystopian

JD Crockett- After the Snow
 Aldous Huxley- Brave New World
 Veronica Roth- Divergent (series)
 Ray Bradbury- Fahrenheit 451
 Michael Grant- Gone (series)
 William Golding- Lord of the Flies
 Sally Gardner- Maggot Moon
 Ally Condie- Matched (series)
 Kazuo Ishiguro- Never Let Me Go
 Malorie Blackman- Noughts and Crosses
 Kurt Vonnegut- Slaughter-Five
 Karen W Thompson- The Age of Miracles
 P.D. James The Children of Men
 Gemma Malley- The Declaration (series)
 Phillip K Dick- The Man in the High Castle
 Cormac McCarthy- The Road
 Scott Westerfield- Uglies (series)
 Hugh Howey- Wool (series)
 George Orwell- 1984

Fantasy

Lewis Carrol- Alice in Wonderland
 Cassandra Clare- Mortal Instruments (series)
 Sally Gardner- Maggot Moon
 Patrick Ness- A Monster Calls (Series)
 Patrick Ness- The Knife of Never Letting Go
 Christopher Paolini- Eragon (series)
 Terry Pratchett- Northern Lights (series)
 Rick Riordan- Percy Jackson (series)
 J.K Rowling- Harry Potter (series)
 JRR Tolkien- The Hobbit, The Lord of the Rings (series)

Science fiction

Isaac Asimov- I, Robot
 Douglas Adams- The Hitchhikers Guide to the Galaxy
 Jack Finney- Invasion of the Body Snatchers
 Jules Verne- Journey to the Centre of the Earth
 H.G Welles- The Time Machine
 The War of the Worlds

Gothic Horror & Suspense

Susan Hill- The Woman in Black
 Henry James- The Turn of the Screw
 Stephen King- The Shinning, IT
 Stephanie Meyer, Twilight (series)
 Edgar Allen Poe- Selected Short Stories
 Carrie Ryan- Forrest of Hands and Teeth (series)
 Mart Shelley- Frankenstein
 Bram Stoker- Dracula
 John Wyndham- Day of the Triffids

Historical/Other Cultures

Chinua Achebe- Thing Fall Apart
 Maya Angelou- I Know Why the Caged Bird Sings
 Tracey Chevalier- The Girl with the Pearl Earring
 Joseph Conrad- Heart of Darkness
 Siobhan Dowd- Bog Child
 Phillippa Gregory- The Other Boleyn Girl
 Tanya Landman- I am Apache
 Hilary Mantel- Wolf Hall
 Alexander McCall Smith- The Number One Ladies Detective Agency
 Alan Paton- Cry, the Beloved Country
 Doris Pilkington- Rabbit Proof Fence
 Phillip Pullman- The Ruby in the Smoke
 Bali Rai- Rani and Sukh, (Un)arranged Marriage
 John Steinbeck- Of Mice and Men, The Grapes of Wrath

War

J.G Ballard- Empire of the Sun
 Pat Barker- Regeneration Trilogy (Regeneration, Eye in the Door, The Ghost Road)
 Louis de Berniers- Captain Corelli's Mandolin
 Sebastian Faulks- Birdsong, Charlotte Grey
 Anne Frank- The Diary of a Young Girl
 Michael Frayn- Spies
 Robert Graves- Goodbye to all That
 Robert Harris- Enigma
 Joseph Heller- Catch 22
 Anna Perera- Guantanamo Boy
 Erich Maria Remarque- All Quite on the Western Front
 Leo Tolstoy- War and Peace

Non- Fiction

Maya Angelou- I Know Why the Caged Bird Sings
 Bill Bryson- Notes from a Small Island
 Juan Chang- Wild Swans
 Roddy Doyle- Paddy Clarke Ha Ha Ha
 Anne Frank- The Diary of a Young Girl
 Ernest Hemmingway- A Farwell to Arms
 Nelson Mandela- A Long Walk to Freedom
 Frank McCourt- Angela's Ashes
 Dave Pelzer- A Child Called It
 Joe Simpson- Touching the Void
 Adeline Yen Mah- Chinese Cinderella

USEFUL WEBSITES

CATEGORY	WEBSITE	LINK
E-SAFETY	Think U Know	https://www.thinkuknow.co.uk/
E-SAFETY	Internet Matters	https://www.internetmatters.org/
E-SAFETY	NSPCC	https://www.nspcc.org.uk
E-SAFETY	Parent Info	https://parentinfo.org
E-SAFETY	Parent Zone	https://parentzone.org.uk/parents
E-SAFETY	BBC Own It	https://www.bbc.com/ownit
DRUGS & ALCOHOL	Talk to Frank	https://www.talktofrank.com
DRUGS & ALCOHOL	Young Minds	https://youngminds.org.uk/find-help/for-parents
DRUGS & ALCOHOL	Family Lives	https://www.familylives.org.uk/advice/teenagers/drugs-alcohol/
DRUGS & ALCOHOL	Kids Health	https://kidshealth.org/en/parents/drugs-information.html
DRUGS & ALCOHOL	NHS	https://www.nhs.uk/live-well/healthy-body/talking-about-drugs-with-your-child/
KNIFE CRIME	Parent Info	https://parentinfo.org/article/if-your-child-is-in-a-gang
KNIFE CRIME	Knife Crimes	http://www.knifecrimes.org/000904_KNIFE_A5_LEAFLET.pdf
KNIFE CRIME	Childline	https://www.childline.org.uk/info-advice/bullying-abuse-safety/crime-law/gun-knife-crime/
CSE	Know About CSE	http://knowaboutcse.co.uk/parents/https://safeandsoundgroup.org.uk/help-support/parents-carers/parent-support-pack/
CSE	Barnardos	http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/about-cse/cse-spot-the-signs.htm
SEXUAL HEALTH	Talk With Your Kids	https://www.talkwithyourkids.org/resources-parents/resources-parents.html
SEXUAL HEALTH	Healthy Schools	https://www.cornwallhealthyschools.org/sre/sre-resources/resources-for-parents-and-carers/
MENTAL HEALTH	Mental Health	https://www.mentalhealth.org.uk/a-to-z/p/parents-and-mental-health
MENTAL HEALTH	Young Minds	https://youngminds.org.uk/find-help/for-parents/
MENTAL HEALTH	NSPCC	https://www.nspcc.org.uk/preventing-abuse/child-protection-system/parental-mental-health/

ENRICHMENT TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL	HIGHER CHEMISTRY Year 11 - 8am Dr Beswick - S16				
LUNCH	<p>CHOIR Mrs Speers - D106</p> <p>CITIZENSHIP HOMEWORK SUPPORT Year 7 Mrs Whitehead - C109</p> <p>COMPUTING CLUB HOMEWORK DROP-IN/ REVISION SESSIONS (Computing specific homework/revision) Year 7 Mr Cowley - A206</p> <p>COMPUTING LASER/ CATCHUP/INTERVENTION SESSIONS - Year 11 Mr Capewell - A204</p>	<p>Y7 DANCE (Sixth Form) - D109</p> <p>Y8 DANCE CLUB (Sixth Form) - D108</p> <p>CITIZENSHIP HOMEWORK SUPPORT - Year 7 Mrs Whitehead - C109</p> <p>TABLE TENNIS - Y7/Y8 Mr Wood/ Mr Sheridan/Mr Rachi - Gym</p> <p>BADMINTON - Y9/Y10 Ms Burgess/Miss Morgan/ Miss Hunter - Sports Hall</p> <p>COMPUTING CLUB/ HOMEWORK DROP-IN/ REVISION SESSIONS (Computing specific homework/revision) Year 8 Mr Cowley - (A206)</p> <p>MATHS CLUB - Year 7 Maths Teachers and Trainees - B103</p> <p>CATERING - Year 11 Mrs Bolland/Miss Brooks C105 & C107</p>	<p>Y8 DANCE CLUB (Sixth Form) - D109</p> <p>LGBT SUPPORT GROUP All year groups Mrs Whitehead - C109</p> <p>CITIZENSHIP HOMEWORK SUPPORT - Year 7 Mrs Whitehead - C109</p> <p>BOARD GAME CLUB (ENGLISH) All year groups All English teachers - A110</p> <p>ROBOTICS CHALLENGE TEAM Mr Cowley - (A206)</p> <p>HOMEWORK DROP IN/REVISION SESSIONS (Computing specific homework/revision) - Year 9 Mr Cowley - (A206)</p> <p>GRADE 9 MATHS CLUB Year 11 Mr Rimmer - B103</p> <p>CATERING - Year 11 Mrs Bolland/Miss Brooks C105 & C107</p>	<p>ARTS ACADEMY LEADERS DANCE COMPANY A Lalley - D109</p> <p>BADMINTON - Y7 & Y8 Ms Burgess/Miss Morgan- Miss Hunter - Sports Hall</p> <p>TABLE TENNIS - Y9/Y10 Mr Wood/ Mr Sheridan/Mr Rachi - Gym</p> <p>GEOGRAPHY CLUB Year 7 & Year 8 12:30-1pm Miss McSporran - A205</p> <p>HOMEWORK DROP-IN/ REVISION SESSIONS (Computing specific homework/revision) Year 10 - 13 Mr Cowley A206</p> <p>CATERING Year 11 Mrs Bolland/Miss Brooks C105 & C107</p> <p>COMPUTING LASER/ CATCHUP/INTERVENTION SESSIONS - Year 10 Mr Capewell - A204</p>	<p>BAND PRACTICE All year groups Mr Simpson & Mr Cheetham - Practice room</p> <p>HOMEWORK DROP-IN/ REVISION SESSIONS (Computing specific homework / revision) -Year 10 - Y13 Mr Cowley - A206</p> <p>CATERING -Year 11 Mrs Bolland/Miss Brooks C105 & C107</p> <p>COMPUTING LASER/ CATCHUP/INTERVENTION SESSIONS -Year 9 Mr Capewell - A204</p>
AFTER SCHOOL	<p>ARTS ACADEMY LEADERS DANCE COMPANY D Evans - D109</p> <p>CITIZENSHIP HOMEWORK SUPPORT - Year 7 3:10-3:40pm Mrs Whitehead C109</p> <p>HOMEWORK CLUB All year groups 3:10-4pm Miss Pilkington A104</p> <p>LANGUAGE DECODERS (LINGUISTIC OLYMPIAD) All year groups 3:10-3:45pm - D103</p> <p>BOYS FOOTBALL TRAINING - Y7 & Y8 Mr Rachi/Mr Wood 3:10-4:15 - Astro Turf</p>	<p>YOUTH DANCE COMPANY Y8-Y10 Miss Donovan - D108</p> <p>SENIOR DANCE COMPANY Y11 & Sixth Form Mrs Haselden/Mrs Aylward D109</p> <p>SCRIPT WRITING CLUB Year 7 & Year 8 Mr Irwin - D106</p> <p>DRAMA COMPANY - Y7-Y13 Mrs Speers/Mrs Renison D107</p> <p>CITIZENSHIP HOMEWORK SUPPORT - Year 7 3:10-3:40pm Mrs Whitehead - C109</p> <p>HOMEWORK CLUB All year groups 3:10-4pm Miss Pilkington - A104</p> <p>BOYS RUGBY Y7 & Y8 3:10-4:15PM Mr Rachi/Mr Sheridan - Field</p> <p>GIRLS NETBALL Y7 & Y9 3:10-4:15 Miss Hunter/Miss Morgan/ Ms Burgess - Sports Hall</p> <p>CATERING - Year 11 3:10-4:10pm Mrs Bolland/Miss Brooks C105 & C107</p>	<p>DLS DANCE Mrs Haselden - D109</p> <p>DRAMA COMPANY - Y7-13 Mrs Speers/Mrs Renison D107</p> <p>CITIZENSHIP HOMEWORK SUPPORT - Year 7 3:10-3:40pm Mrs Whitehead - C109</p> <p>HOMEWORK CLUB All year groups -3:10-4pm Miss Pilkington - A104</p> <p>BOYS FOOTBALL - Sixth Form 2:10-4:10pm Mr Rachi - Field</p> <p>BOYS RUGBY - Y9 & Y10 3:10-4:20pm Mr Wood/Mr Sheridan - Field</p> <p>GIRLS NETBALL - Y8/ Y10/Y11 3:10-4:15pm Ms Burgess/Miss Hunter/ Miss Morgan - Sports Hall</p> <p>COMPUTING CLUB - Year 9 Mr Cowley -A206</p> <p>CATERING - Year 11 3:10-4:10pm Mrs Bolland/Miss Brooks C105 & C107</p> <p>KS3 STEM CLUB Y7 & Y8 (invite only) 3:10pm Mr Blackburn - B201</p>	<p>YOUTH DANCE COMPANY Y8-Y10 Miss Power - D108</p> <p>SENIOR DANCE COMPANY Y11 & Sixth Form Mrs Haselden/Mrs Aylward D109</p> <p>FILM CLUB - Y7 & Y8 Miss Ericson/Ms Lamb - Library</p> <p>HOMEWORK CLUB All year groups - 3:10-4pm Miss Pilkington - A104</p> <p>BOYS TRAMPOLINING Y7/Y8/Y9/Y10 Ms Burgess/Miss Hunter/Mr Sheridan 3:10-4:45 - Gym</p> <p>BOYS RECCIE FOOTBALL Y7 & Y8 -3:10-4:15 Mr Rachi - Astro Turf</p> <p>GIRLS TRAMPOLINING Y7/Y8/Y9/Y10 - 3:10-4:45pm Ms Burgess/Miss Hunter Gym</p> <p>GIRLS FOOTBALL Y7/Y8/Y9/Y10 - 3:10-4:15pm Miss Morgan - Astro Turf</p> <p>ART - 3:20-6pm</p> <p>CATERING - Year 11 3:10-4:10pm Mrs Bolland/Miss Brooks C105 & C107</p> <p>DT FASHION - 3:10-4:30pm</p>	<p>ARTS ACADEMY LEADERS DANCE COMPANY (J. Owen Harris) - D109</p> <p>GIRLS RUGBY - Y7/8/9/10 3:10-4:15pm Ms Burgess/Miss Morgan/ Miss Hunter/Mr Sheridan</p> <p>CATERING -Year 11 3:10-4:10pm Mrs Bolland/Miss Brooks C105 & C107</p>

This timetable is also available on the school website www.rainhillhighschool.org.uk



Essential Vocabulary for Year 7

achieve	1
acknowledge	1
alternative	1
assume	1
communicate	1
concept	1
considerable	1
definite	1
furthermore	1
predict	1
previous	1
sequence	1
summary	1
whereas	1
reluctance	1
clarify	1
contrast	1
emphasis	1
evaluate	1

analyse	2
benefit	2
debate	2
identify	2
technique	2
appreciate	2
appropriate	2
approximate	2
convince	2
enormous	2
outcome	2
require	2
significant	2
straightforward	2
subsequent	2
found	2
criteria	2
highlight	2
infer	2

approach	3
demonstrate	3
confirm	3
conflict	3
contradict	3
indicate	3
likewise	3
nevertheless	3
notwithstanding	3
output	3
overall	3
perceive	3
relevant	3
scenario	3
somewhat	3
specific	3
stress	3
thereby	3
unique	3